

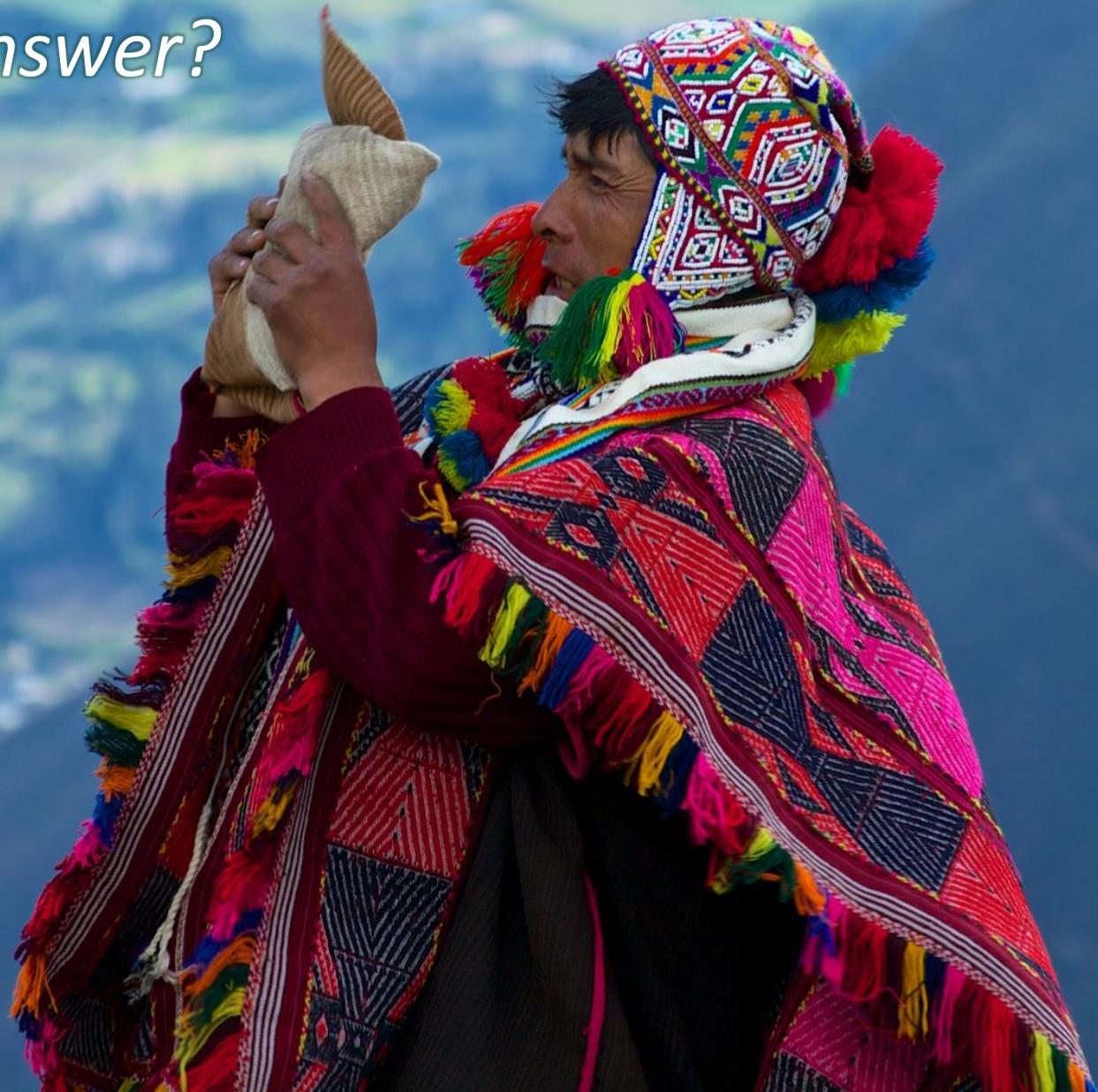
Shamanic Journey to Peru

June 24 – July 5, 2018

*Beyond a Vacation....
A Journey of Transformation*

Peru is calling....

Will you answer?



Shamanic Journey to Peru

An Epic Spiritual Adventure

Shamanic Journey is an epic transformational two-week adventure that will take you from stunning scenery to soul searching bliss. Two incredible weeks of breathtaking locations, spiritually groovy activities, ancient history and mystical experiences. Far more than a sight-seeing tour – it is a life-changing spiritual adventure.

Would you like to experience a deeper connection with the sacred power places and shamanic traditions of Peru? Visit Machu Picchu, one of the new seven wonders of the world, with the Shaman who calls it home.

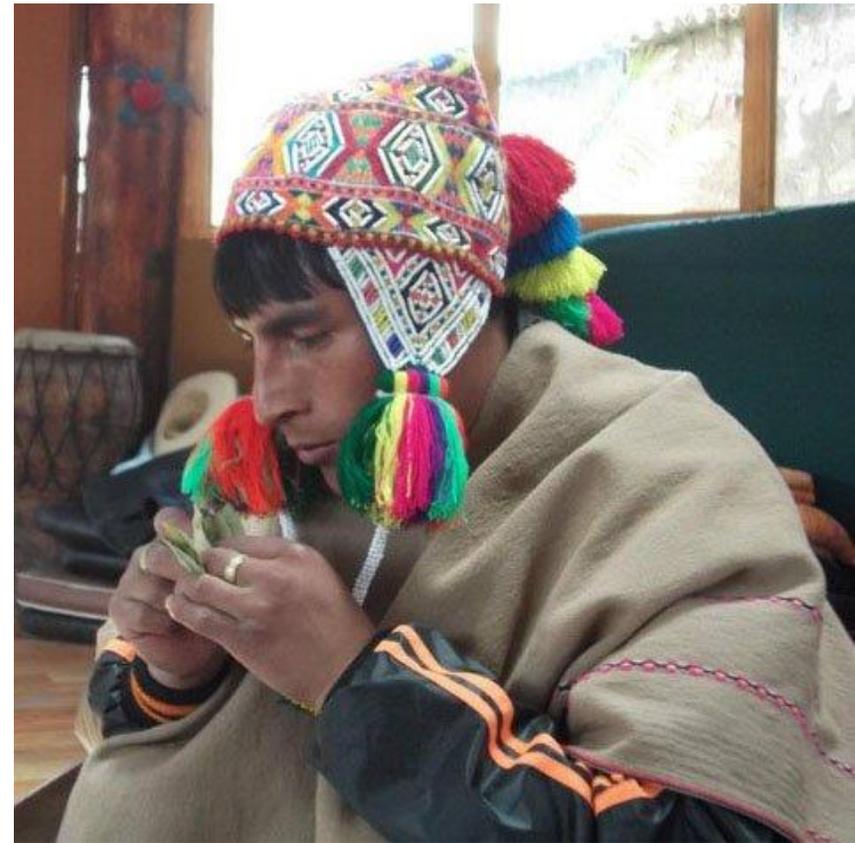
Join us for a transformational journey into Peruvian mysticism through powerful energy centers of this sacred land. A journey to connect deeper with yourself and the ancient heart of the Inca with like-minded and like-hearted people.

While we have a detailed itinerary – we always leave room to surrender to the magic that shows up along the way!



“Another-worldly country which forces you to wake up and experience the moment...”

Peru is an astonishing place of contrast and diversity. A country which wraps you in its embrace, immerses you in nature, astonishes and delights you, scares you sometimes, but more than anything, wakes you up to the multi-dimensionality of life. It is one of the few countries left where the indigenous people and their ancient wisdom and beliefs are still current. You might think you're travelling there for one reason, but what you experience will be far more than you can ever anticipate. You won't be the same person as when you arrived.



Western cultures have almost completely lost touch with their ancient spiritual traditions. Many of Peru's ancient spiritual and shamanic traditions survived the onslaught of western conquests by going into hiding for hundreds of years. Now that the world is starting to awaken – these traditions are being rediscovered and re-learned.

What will you learn about yourself in Peru?

Trip Highlights

Sacred Power Places – You'll visit places of peace and power with knowledgeable shamanic guides including Luis, a native Q'ero Paco (Shaman) and Kucho, the shaman of Machu Picchu.

Stunning Scenery and Ancient Inca ruins – including Sacsayhuaman, Ollantaytambo, Temple of the Moon and of course Machu Picchu – a city built on a mountain of quartz crystal.

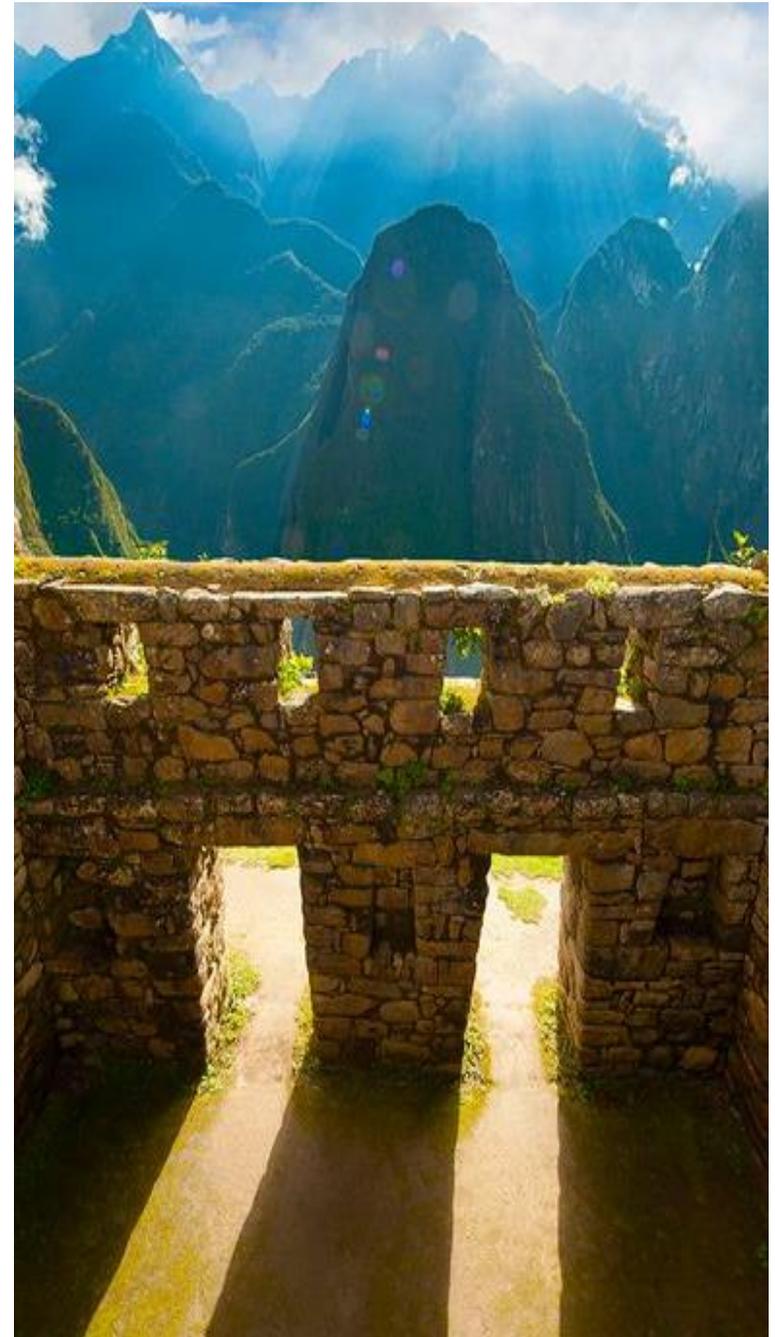
Extraordinary ceremonies and talking circles- including a traditional despacho ceremony (to release old energies), meditations at sacred sites and special talking circles integrating the magic of the country and our experiences.

Sacred Plant medicine ceremonies – life expanding ceremonies in a beautiful, safe, heart-opening garden in the mountains above Cusco. San Pedro (known as Wachuma to the indigenous people) and an optional Ayahuasca ceremony – both plant teachers that have been used for thousands of years by Andean Shamans.

Indigenous Animals – an opportunity to visit with animals native to Peru and special to the Inca – in a beautiful sanctuary that cares for them. An exhilarating overhead flight by an Andean Condor (with 10-foot wingspan!) is an exhilarating experience you will never forget.

Service to others – we believe there is no greater expression of our divinity than service to others. Your transformational journey will end with a poignant and heart-warming day with underserved local children.

Fun – LOTS of fun! Each activity will be undertaken with an intention of joy, fun and laughter.



Itinerary Overview

Day 1 – Arrive in Cusco. Transfer to hotel. Opening Circle with group.

Day 2 - Tour sacred sites of Cusco – Sacsayhuaman, Tambomachay, Qorikancha. Afternoon to explore Plaza de Armas. Despacho ceremony with Q'ero Paco (Shaman) Luis.

Day 3 – Wachuma ceremony at Mountain House. Optional evening stroll to Temple of the Moon to see the full moon rising. Overnight Mountain House.

Day 4 – Depart Cusco for Sacred Valley. Visit Moray, the Inca Salt Mines and Pachar. Full-Moon group meditation and somatic breathwork at the ruins. Overnight Ollantaytambo.

Day 5 - Visit ruins at Ollantaytambo then train to Aguas Calientes at the foot of Machu Picchu. Group gathering with Shaman Kucho. Overnight Aguas Calientes.

Day 6 – Early morning bus to Machu Picchu. Kucho will lead us in rituals and reveal the magic of Machu Picchu.

Day 7 – Morning in Aguas Calientes to explore the market. Return to Cusco.

Day 8 – Wachuma ceremony at the Mountain House. Afternoon walk through the Temple of the Monkey.

Day 9 – Visit to Ccochahuasi Animal Sanctuary, Llama ranch, and shopping in the market of Pisac.

Day 10 – Wachuma ceremony at the Mountain house. Afternoon walk to the sacred streams.

Day 11 – Special Volunteer day with an orphanage in Cusco. Evening closing circle.

Day 12 – Depart for USA.

Full Itinerary

June 24 – July 5, 2018



Great Planning and leaving room for spontaneous magic

The trip has been carefully and consciously planned with the most magical and transformational activities for this special group. That being said – we are joyously open to making changes to the itinerary when Spirit brings us some spontaneous magic! We will be delighted to alter the plans to accommodate these mystical surprises...we will always have the time to surrender to that beauty!

Day 1: Arrive Cusco – The Center of the Inca World

Arrive in Cusco – Transfer to hotel (Casa de la Gringa).

Remainder of day at leisure to acclimate to altitude and explore the cobblestone streets of Cusco.

Dinner as a group at Green Point vegetarian restaurant – or restaurant suggestions provided.

Opening circle with group.

Overnight at Casa de la Gringa.

About Cusco

Cusco is a beautiful city in an incredible location. Surrounded on all sides by the majestic Andes mountains – you will love exploring its cobble-stone streets and shops.

Cusco was laid out in the form of a puma, the animal that symbolized the Inca dynasty. The belly of the puma was the main plaza, the river Tullumayo formed its spine, and the hill of Sacsayhuaman its head.

The meaning of the world Cusco comes from the Quechua word meaning “navel” attributed to the “Center of the World”.

Cusco is a combination of the ancient Inca capital and the colonial city it became after the Spanish invasion. From the Incas, it preserves impressive walls of meticulously cut granite, streets running within the walls, and many Inca ruins.

The bustling Plaza de Armas and surrounding streets are full of colorful shops, sights and delicious restaurants. Easy to explore on your own.



Day 2: Tour ancient sites of Cusco

Group Tour to Saqsaywaman, Tambomachay and Qorikancha.

Afternoon – free time to explore Plaza de Armas and San Blas. Dinner on your own.

Evening Despacho Ceremony led by Luis Quispe a Paco (a type of Shaman) from the Q'ero tribe.

Overnight at Casa de la Gringa.

Sacred Sites and Despacho Ceremony

Saqsaywaman – 3000 hectars UNESCO world heritage archaeological complex. This monumental complex is considered the first of the new seven wonders of the world. The Incas called it the “House of the Sun”. The construction, which is made up of three platforms one on top of the other, was one of the most important religious complexes of its time.

Tambomachay Water Temple – had a religious function honoring water as a vital part of agriculture and regeneration of the earth.

Plaza del Armas, a lively urban gathering place offering colonial arcades, a cathedral & central fountain. It is the heart-beat of central Cusco with shops, restaurants, historic cathedral and La Compania, is a Jesuit church built in the 16th century.

Despacho Ceremony – A despacho is a prayer bundle used for hundreds of years by the high shamans of the Q'ero lineage. Used as an expression of gratitude, to heal physical and emotional ailments, to restore balance or make a specific request of the spirit world. The despacho holds symbolic elements and the prayers of the participants. And becomes a living prayer that brings energy shifts and healing.

Qorikancha – This was the most important temple in the Inca Empire. It was the most sacred shrine of the Inca, dedicated to the worship of the sun.



Day 3: Wachuma Ceremony

Wachuma (San Pedro) ceremony at Mountain House Retreat.

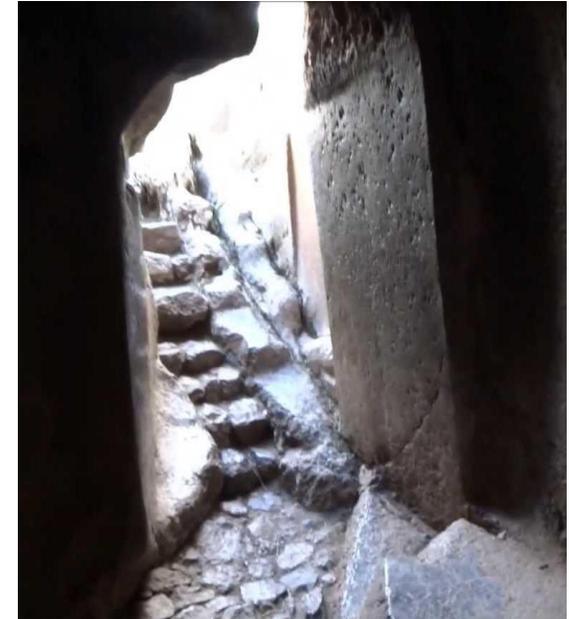
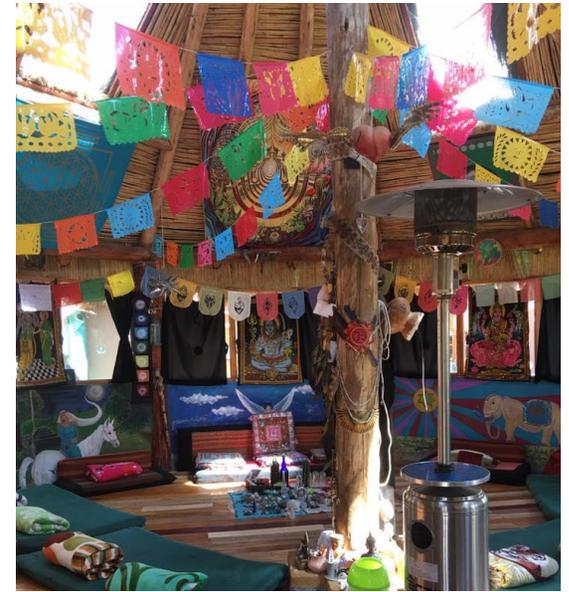
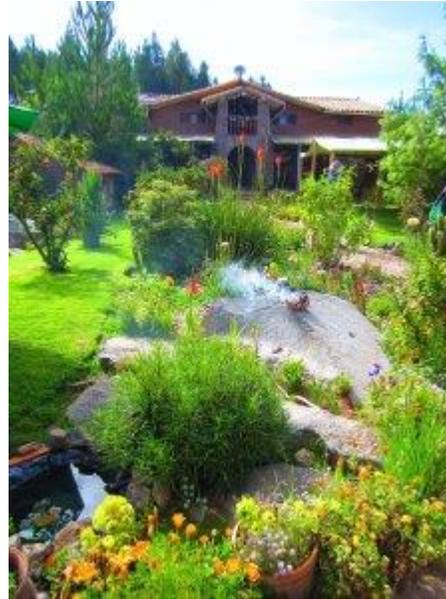
Cleansings with the Q'ero Paco (shaman) Luis during ceremony.

Late afternoon visit to the adjacent Temple of the Moon to see the Full moon rising!

Spend time in the re-birthing cave and emerge fully embracing your new intentions.

Possible visit to the altar of the Temple after dark.

Dinner and overnight at Mountain House Retreat.



About Wachuma Ceremony

San Pedro, a cactus, also known as Wachuma is a sacred plant used in the Andes for healing purposes. Most people drink this medicine to heal on an emotional level, but it is also used to cure physical illness. San Pedro reconnects us to ourselves, & also to Mother Earth. The plant is a master teacher, a great gift from Creator. It helps us to heal, to grow, to learn and awaken, and assists us in reaching higher states of consciousness.

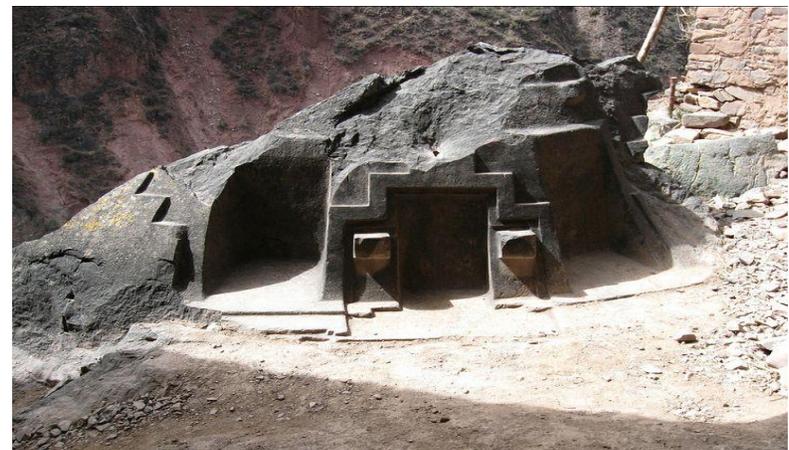
Day 4: Travel to the Sacred Valley

Group travel to the Sacred Valley of Peru and the town of Ollantaytambo.

In route visit the Inca Salt Mines at Maras, Moray, and Pachar.

Full Moon meditation and somatic breathwork in the light of the full moon.

Overnight Ollantaytambo.



Peru's Sacred Valley

The Sacred Valley in the Peruvian Andes, runs from the old imperial capital of Cusco to the enigmatic citadel of Machu Picchu. It is a place of eerie natural beauty, ancient Inca cities and mystical places.

Encompassing what was the fertile homeland of the Inca Empire (1438 to 1533), today the transcendent region – also known as the Urubamba Valley – is a quiet expanse of country that is steeped in Andean history and culture.

Moray is another ingenious Inca agricultural construction, though it is no longer in use. While it resembles a giant amphitheatre with concentric terraces leading to the ground, it was created for agricultural experimentation. Each level corresponds to a different microclimate, which the Incas possibly used to test crops.

Moray salt pans are strategically dug into the mountainside, thousands of shallow pools filled with salt water evaporate and leave behind the crystallized salt, a process that has been practiced for more than 500 years.

Day 5: Ollantaytambo ruins and train travel to Aguas Calientes

Visit the expansive ruins at Ollantaytambo.

Take the 2-hour comfortable and scenic train ride to Aguas Calientes.

Free time and dinner on your own.

Overnight at Intawasi hostel in Aguas Calientes.

Ollantaytambo and Aguas Calientes

Ollantaytambo, with its gridded, cobblestoned streets are the product of Inca city planning, dating back to the 1200s. Babbling waterways, branching from the nearby rivers, feed the still-flowing irrigation system that the Incas designed, their handiwork admired to this day.

Inca Manco used Ollantaytambo as a retreat from the attacks of the Spanish. The fortress, originally built for religious purposes, was the site of a major battle, one of the only successful ones against the conquistadors.

PeruRail offers a comfortable and scenic 2-hour ride to Aguas Calientes – the town below Machu Picchu. Snacks are served on the train or you can bring your own refreshments.

Aguas Calientes is a small-town catering to the tourists who come to see Machu Picchu. Full of restaurants and a bustling market for gift buying.



Day 6: Machu Picchu

Take the 5:30 am bus for a 20-minute ride up the mountain to the entrance of Machu Picchu.

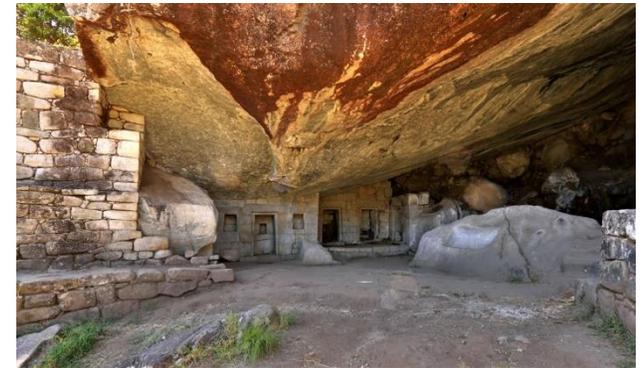
Guided tour and rituals with Kucho – the Shaman of Machu Picchu.

Optional climb up Wayna Picchu and / or the moon temple

Rest of day at leisure – get your passport stamped with Machu Picchu stamp!

Dinner on your own – (optional) visit to the thermal springs.

Overnight at Intawasi.



Magic in Machu Picchu

Machu Picchu is one of the 7 wonders of the World and home of the ancient Inca civilization. Known as “the lost city”, Machu Picchu is a strong energy vortex. Visiting this mysteriously beautiful place has been a transformational experience for many travelers.

Your vibrations and frequency will begin to match the surrounding energy. Machu Picchu is one of the most spiritually aligning places to visit because it opens and resonates with all the Chakras.

Thermal Baths are located at the edge of town that are thermo-medicinal waters, surrounded by a beautiful landscape of mountains.



Day 7: Market and Cusco

Group breakfast then free time to explore the colorful market or stroll around the town.

Afternoon train to Ollantaytambo – then shuttle back to Cusco.

Group dinner at Mountain House.

Overnight at Mountain House.



Explore town and Market at Aguas Calientes

Enjoy some quiet time as you stroll the streets of Aguas Calientes. Visit the town square (if you really want that photo of the Machu Picchu sign) then enjoy the little market full of souvenir shops and local handicrafts.

There are also many spas offering affordable massages if you really want to treat yourself to some pampering.

Or just take a stroll along the beautiful river enjoying the gorgeous scenery of the surrounding mountains.



Day 8: Wachuma Ceremony

Group Ceremony at Mountain House.

Evening walk to surrounding Monkey Temple ruins complex.

Group dinner at Mountain House.

After dinner fireside gathering.

Overnight Mountain House.



Ceremony and Monkey Temple

Immerse yourself in another magical Wachuma ceremony and deepen your inner transformation

** Luis will be available to do personal cocoa leaf readings after the ceremony (optional \$65)

Afternoon walk to explore the adjacent Temple of the Monkeys (Kusilluchayoq). It is a sacred place where offerings take place even today. In a lower section, just underneath the stone with the monkeys, there is a small cave which has a piece of rock with the shape of a heart. Special portal and energetic spots.



Day 9: Ccochahuasi Animal Sanctuary, Llamas and Alpacas & Pisac Market

Group travel to Ccochahuasi Animal Sanctuary to meet rescued indigenous animals.

Short stop at a Llama / Alpaca preserve to get up close and personal with these adorable animals.

On to Pisac to visit the famous market or (optional) visit to the ruins of Pisac.

Return to Cusco.

Dinner on your own.

Overnight at Casa de la Gringa or Mountain House for optional sacred Ayahuasca Ceremony.

CCOCHAHUASI ANIMAL SANCTUARY

An opportunity to feel the connection to our animal brothers and sisters. Meet indigenous animals who have been injured or abused and are now living in a beautiful setting. Experience the thrill of having a condor flight over your head (with a 10-foot wingspan!). Possible bottle feeding of young alpacas. Presentation of donation to Dante and family that owns Ccochahuasi.

A stop at a nearby Alpaca sanctuary with an opportunity to see several different species and get up close to feed them.

Then on to Pisac market – a thriving market for an opportunity to purchase some souvenirs and gifts. Visit the ruins of Pisac (optional).

Pisac ruins are built on rows of fine stone terraces with panoramic views of the Andes mountains. The main Temple of the Sun is built on a huge protruding spur of volcanic rock, carved into a “hitching post for the sun” or *Inti*. There are also baths, altars, water fountains and a ceremonial platform.



Day 10 – Wachuma Ceremony

Our final day of sacred plant medicine for the deepest integration of our spiritual expansion and personal transformation.

Afternoon walk to Temple of the Moon and the sacred springs that run through the valley.

Group dinner at Mountain House (or dinner on own in Cusco).

Overnight at Mountain House or Casa de la Gringa.



Temples near Ceremony site:

A stone's throw from our Mountain House Retreat Center is Amaru Machay (Serpent Cave) also known as The Temple of the Moon. This is a pre-Inka site dating back thousands of years and is considered a rebirthing center – a perfect place for you to let go of the past and embrace your newfound understandings shared with you by the spirit of San Pedro.

Other archeological sites with numerous Inka temples are a few minutes' walk away with many enigmatic stone carvings, some of which are considered to be mysterious inter-dimensional portals.

High mountain cleansing springs feed the streams running through spectacular scenery.



Day 11 – Volunteer Day and Farewell Dinner

A special opportunity to engage in our highest calling – service to others. We will volunteer at an orphanage in Cusco helping the poorest of the poor.

Group farewell dinner in Tunupa Restaurant in Cusco.

Overnight at Casa de la Gringa.

Day 11 – Volunteer Day (TBD)

A special opportunity to engage in our highest calling – service to others. We will volunteer at an orphanage in Cusco helping the poorest of the poor. Volunteers can lead educational activities, play with the children and help with various chores around the centers.

Tunupa Restaurant offers innovative cuisine and unique fusion of Peruvian flavors and ingredients. The menu offers a wide variety of healthy, mouthwatering food and delicious dishes for vegetarians, those in need of low calorie diets and the best of Novo Andino Cuisine.

Pioneers in live cooking, their food will delight your senses with their unique culinary techniques. The experience will be an unforgettable, exquisite and memorable dining experience.



Day 12 – Adios

Be picked up at Casa de la Gringa and transferred to the airport for your flight home.

Reflect and revel in the experience of a lifetime and your magical Shamanic Journey in mystical Peru!



Sacred Plant Teachers

This sacred journey is more than just an experience of places in Peru. It's also a journey into yourself. During the course of the trip you will have the opportunity to take part in several shamanic plant ceremonies that will enable you to experience profound inner journeys into your true and authentic self.

Grandfather San Pedro (Wachuma)

San Pedro (aka Wachuma to the indigenous people) is a cactus that grows all along the Andes and is another amazing visionary plant teacher that has been used for thousands of years by the shamans of the Andes. San Pedro is used for healing as well as mystical purposes. Its incredible energy opens up your channels, allowing you to connect deeply with yourself as well as the cosmos and other spiritual dimensions. San Pedro activates your heart chakra and often leads to incredible feelings of bliss and profound connectivity with nature. Whereas Ayahuasca ceremonies are done at night, Wachuma ceremonies are usually done during the day, out in nature. Wachuma gets you out of your mind and into your heart. Greater acceptance, love and compassion towards yourself and others are often the results of working with this powerful teacher.



Grandmother Ayahuasca

An optional Ayahuasca ceremony will be offered. Grandmother Aya is a sacred vine of the soul. She is a powerful medicine that can also radically change peoples' lives quickly and completely. Ayahuasca can heal on every level of your being – physical, mental, emotional and spiritual.

Your Guides

Daniel Sloan Brown, MA, PhD

Daniel holds a Master's Degree in Integral Counseling Psychology and a Doctorate degree in Counseling Psychology, both from the California Institute of Integral Studies of San Francisco. He has worked in the Mental Health field for over 40 years, has been certified in Vivation BreathWork for 30 years, and continues to study and practice shamanic and somatic methods of healing. He is founder of New Earth Counseling and Consulting, which is dedicated to providing alternative pathways for people who seek to enhance health, gain insight and access spirit. NECC provides individual sessions, classes, ceremonial circles and other gatherings at our Ceremonial House and Mediation Yurt in Marin County, CA.



Michael Kobert and Dona Donato

Michael and Dona are spiritual travelers and Global citizens. They have been decades long spiritual seekers and believe strongly in the magic and personal transformation that comes from conscious travel to sacred sites and energetic places. Their mystical explorations have taken them around the globe both as solo travelers as well as group leaders and participants. They have explored such places as mysterious Chaco Canyon, the vortexes of Sedona, the path of Mary Magdalene in France, heart opening centers in Bali, consciousness altering Delphi in Greece, the sacred magic of Egypt, mystical sites of India, Thailand and Africa and the many ancient power places of Peru. They believe that spiritual travel nurtures self-growth in deeply profound ways and that engaging in service to others during these journeys brings incomparable joy - and so they endeavor to engage in sacred service to others on their trips. They are experienced with several different forms of sacred plant medicine and lead and serve groups through these transcendent experiences.



By background Michael is a zoologist, Dona is a life-coach and event production specialist and together they are filmmakers and truth seekers.

Who Should Participate in this journey

This is a transformational journey for people who are on a path of spiritual awakening and who are sincerely interested in self-empowerment and expanding consciousness. It is also a journey for people who like to have FUN!

This is for down to earth spiritual seekers. Not a 'new age' journey of magical unicorns or people on dark egoic power-trips. Balance, integration, heart-opening and service are the themes of this journey.

To ensure this is a harmonious experience for everyone involved – please consider this journey only if:

- You are sincere and open-minded
- You are seeking to deepen your spiritual understanding and expand your consciousness and frequency
- You have a sense of humor, don't take yourself too seriously and love to have a good time with other kindred spirits
- You welcome new challenges and occasionally leaving your comfort zone
- You are relaxed, easy-going and are not looking for a 5-Star luxury spa vacation
- You are young at heart no matter your physical age



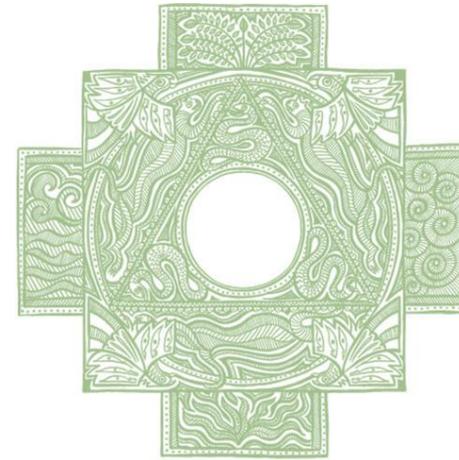
Cost

\$2,599 per person sharing double room

Single supplement: \$300.00

What is included

- All trip organization and private guides
- Airport transfers to and from Cusco Airport to Casa de la Gringa
- Private transport for all group activities
- 05 Nights at Casa de la Gringa in double room
- 03 Nights at the Mountain House Retreat
- 01 Night in Ollantaytambo hostel
- 02 Nights at Intawasi hostel in Aguas Callientes
- 03 San Pedro Ceremonies
- Tour to Sacsayhuaman and Cusco sacred sites
- Tour Chinchero, Moray, Maras Pachar and Ollantaytambo
- Round trip train tickets from Ollantaytambo to Machu Picchu
- Entrance fees for all the sites that we visit on the program
- 01 Despacho ceremony
- Lunch and dinner on San Pedro ceremony days
- All breakfasts
- Dinner Day 5 – Intiwasi Hostel in Aguas Calientes
- Dinner Day 7 – at Mountain House Retreat
- Farewell dinner in Tunupa Restaurant
- Guided tour with Kucho – the Shaman of Machu Picchu



What is not included

- International air flights
- Travel Insurance
- Meals not included above
- Peruvian taxes
- Expenses for wire transfers
- Ayahuasca journey
- Cocoa leaf readings
- Tips

Payment Info and Budgeting

Please go to www.MysticalOdysseys.com for more information on planning and budgeting

The magic of group journeys

This is an epic adventure for spiritually aware people.

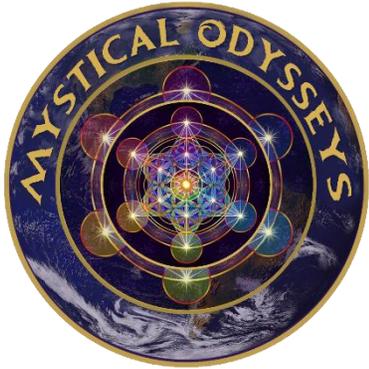
We are excited to connect fellow truth-seekers who are eager to meet like-minded and like-hearted people.

Together we will explore enigmatic sacred sites and extraordinary natural places of power. Places that will inspire your soul and enliven your being...taking you to a place of deep reconnection with the world around you, the wisdom within you and the people around you. You will meet teachers in your fellow group travelers and in the plant and animal kingdoms...and it will open conversations of the most profound kind.

Journeys like this have the power to transform you and when you travel with like-hearted people the bonds created are often greater than even to your natal family. You are no longer just a drop in the ocean but part of a movement expanding consciousness toward a more loving, kinder and collaborative world.

Small groups offer security, friendship and deep connections...and this journey is crafted to take you deep on a personal and collective journey. You'll meet friends, soulmates and...who knows...perhaps even your future spouse!





For more information: MysticalOdysseys.com

